

Bread Crumbs

January 19, 2023



BREAD OF LIFE
LUTHERAN CHURCH



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breadoflife@sasktel.net | 306-789-0265

Rev. Stewart Miller - Pastor
306-535-5052
pastor.stewart@sasktel.net

Join us for Worship:

Join Bread of Life for Sunday Worship In-Person at 9:30 am.

We also welcome everyone to join us online via Facebook Live at 9:30. Services are recorded and will be available on our website afterwards.

[Facebook Page – Join us online!](#)

[Webpage – Recorded services are posted](#)

Are you curious about how you can support Bread of Life?

The methods you can use to give to Bread of Life include:

- Your offering during worship on Sunday mornings
- Cheques, or post-dated cheques (mailed or dropped off)
- Pre-Authorized Remittance ([Click here for more information](#))
- [By credit card or PayPal](#)
- eTransfer to breadoflife@sasktel.net (Please include your name and email in the notes for tax receipt purposes)

Bread of Life

Bread of Life's AGM - March 5, 2023 following Worship.

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**We are looking for a few people who might like to get trained to help us out on Sunday mornings with getting the Worship out on Facebook/Internet.**

1) Facebook Host - this is a relatively easy job of putting greetings/announcements/assisting note into the comments section of the Facebook feed during the worship time. Brent Langenberger has been super faithful in looking

after this for us EVERY WEEK during pandemic but I think it is time we step up to help him and enable him to take the occasional Sunday off. Please connect with Brent or the pastor if you would be willing.

2) Camera/Streaming host - this is a slightly more “techy” kind of work but the Bread of Life services are relatively straightforward. This would involve being trained on how to use the camera and streaming equipment for Sunday’s and/or other services that take place at Bread of Life. Let Pastor Stewart know if you would like to help out with this.

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Indigenous Christian Fellowship Could Use Our Help! Bread of Life will be assisting with community breakfasts served at ICF. When we help out with Indigenous Christian Fellowship’s community breakfast, we aim to have four or five volunteers.

ICF is at 3131 Dewdney Avenue.

There are currently providing breakfasts in brown bags; if weather allows, people sit at the picnic benches outside; if weather is inclement, people will pick up the breakfasts and return home.

We are one of several churches who help with these breakfasts. We aim to start at 8:30 a.m. and finish by 11:30 a.m. or noon. If you are able to help out please let me and know. I would very much appreciate it. David Bartle 306-566-2971, dbartolf@saskpower.com

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## **CARING FOR EACH OTHER IN TIMES OF SORROW**

Did you know that, most times when Bread of Life hosts a funeral, we are also asked to help serve a lunch for the family and guests to share after the service? This is often a very healing time where people get to share their memories of the person who has died, get to reconnect with each other and (of course) care for one another.

These days the church (we used to say “church ladies”) don’t actually make or provide the lunches – that has gotten a bit too complicated. Instead the family themselves purchases or arranges what they want served and we provide the people power to serve and clean-up afterward.

In the past we have had a few of our folks “at the ready” to help out in this way. But for a whole variety of reasons some have had to step back a bit.

**If you would be willing to help out with these lunches - most especially if you would like to take on the role of coordinating them - please talk to Pastor Stewart or call the office and share your name.** This is

a very important ministry of our church and I thank you in advance for your willingness to share yourself in this way.

## St. Paul's – Edenwold



**Jan. 22 ~ Sean Bell**  
**Jan. 29 ~ Stewart Miller**  
**February 5 ~ David Kaiser**  
**February 12 ~ Stewart Miller**

We have resumed coffee fellowship time after church each Sunday! Please join us. Offering/donations will be accepted by eTransfer to [stpaulsedenwold@gmail.com](mailto:stpaulsedenwold@gmail.com)

**AGM- Jan. 29, 2023 - following church service.**

St. Paul's Lutheran Church is asking for your prayerful consideration for an additional council member. Church councils are an environment where we pray and ask for God's guidance to make decisions to better serve individuals and families and to plan and coordinate the work of the church. It consists of 6 council meetings per year via zoom for 1 hour duration. If interested please call or text Juliann @ 306 530-1610

## The Living Spirit Centre

**Whist for Seniors** at Living Spirit Centre is on Tuesday mornings at 10:00. If you are unfamiliar with the game, we will teach you. For more information phone/text Rod at 306-535-2877 or email [rodashley@sasktel.net](mailto:rodashley@sasktel.net)

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Connie Moker Wernikowski will again be offering Christ-centred yoga classes in the winter of 2023. Classes run from January to early April. A Tuesday 6:30 pm in-person class will be offered at Living Spirit Centre. A Tuesday morning class and Wednesday noon class will be offered on Zoom. All classes require pre-registration for the session. More info can be found at <https://www.bigfishyoga.ca/> or email Connie at cmwernikowski@gmail.com or phone 306-551-6933.

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At the LSC, we are interested in partnering with various groups to share the space and create a vibrant community providing spiritual, wellness and social support for all. If you are aware of a group or organization that might be interested in either short term or longer-term rentals at the LSC, please let Becca know!

## Community

# Mother and Baby Welcome Bags

Coordinated by Regina Native Outreach Ministry (RNOM)

Collection period: January 1 to 31, 2023

Drop off donations at any Regina United Church Office  
or Contact RNOM at (306) 533-6858

The Welcome Bags created with donations to this project are given to Indigenous mothers at Regina General Hospital. Indigenous mothers often experience racism, discrimination and violation of rights during their stay at hospital. Some Indigenous mothers are identified as 'birth alerts', who are unfit to care for the baby. Their babies are taken and placed in foster homes. Although Saskatchewan announced that it would end its use of birth alerts on February 1, 2021, the practise continues.



Regina Native Outreach Ministry created the Mother and Baby Welcome Bags project to show the new moms that they are respected, loved and supported as they use the items to care for their newborn and themselves.

RNOM has a goal of assembling 25 Mother and Baby Welcome Bags four times per year. If you would like to be an ongoing sponsor of this project please call (306) 533-6858

### Essential Items Needed

Newborn/Size 1 diapers  
Diaper cream  
Baby wipes  
Nursing pads  
Baby blankets  
0-3 month onesies  
0-3 month sleepers  
Baby shampoo  
Menstrual pads (Heavy flow)  
Gift for Mom  
(Such as hand lotion,  
lip balm, socks, candle)  
Large reusable bags

Please Follow us on Facebook.

Contact email:

reginanativeoutreachministry@gmail.com

**The annual Week of Prayer for Christian Unity** will be observed from Wednesday, January 18 to Wednesday, January 25, 2023. In Saskatchewan we will have local prayer services in towns and cities across the province. We encourage you to gather with your neighbouring churches to pray for the unity that Christ wills. Please also include prayers in your regular Sunday services on January 22 and whenever you gather. Complete resources are available for free at <https://weekofprayer.ca>. In partnership with the Prairie Centre for Ecumenism, we are pleased to offer these special lectures, workshops, and an online Bible study as part of the Week:

### Ecumenical Log Drivers:

#### Forming Agents of Reconciliation for Church and World

The 2023 De Margerie Lectures on Christian Reconciliation and Unity

Rt. Rev. Bruce Myers, OGS (Anglican Bishop of Quebec)

Wed. Jan. 18, 7:00 pm at Campion College, Regina

Thurs. Jan. 19 at 7:00 pm at St. Thomas More College, Saskatoon

## 8 Days of online Biblical Reflection, January 18-25, 2023

An online Bible study led by a diverse selection of ministers

12:15-1:00 pm daily (Saskatchewan time) except Sunday, Jan. 22 which will be at 3 pm

Please be sure to register using this link - <https://bit.ly/WPCU-2023-Bible-Study>

This Bible Study series will also be available on YouTube at

<https://www.youtube.com/@PrairieCentreforEcumenism>

Presented on Zoom by the Prairie Centre for Ecumenism and the Regina Council of Churches.

Wed, Jan 18 - Rev. Brody Albers, Anglican, Christopher Lake

Thu, Jan 19 - Rev. Dr. Kathleen James-Cavan, United Church, Saskatoon

Fri, Jan 20 - Major Al Hoeft, Salvation Army, Regina

Sat, Jan 21 - Pastor Rachel Wallace, Mennonite, Eigenheim

Sun, Jan 22 (at 3pm) - Deacon Harry Lafond, Roman Catholic, Saskatoon

Mon, Jan 23 - Dave Feick, Micah Mission, Saskatoon

Tue, Jan 24th - Rev. Keitha Ogbogu, Free Methodist, Calgary

Wed, Jan 25th - Rev. Dr. Ali Tote, ELCIC, Saskatoon

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The Regina Council of Churches invites you to a **city-wide ecumenical worship service** at New Hope Lutheran Church (370 McIntosh Street N) on Sunday, February 5th at 3:00 pm. The Rev. Dr. Ali Tote, Assistant to the Bishop, ELCIC Saskatchewan Synod, will be the homilist.

Did you know? Your feedback is a gift! If you have any comments, questions, or concerns regarding Bread Crumbs, contact breadoflife@sasktel.net. Bread Crumbs will now be delivered to your inbox on Thursday afternoons!