

Bread Crumbs

November 18, 2022



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“IN THE NEWS” @ BREAD OF LIFE...

For my “article” this week I am just bringing you up to speed with a few bits & pieces of STUFF that is going on these days around our BOL ministry...



- **Sunday Morning Fun & Fellowship** begins **THIS WEEK** (right after church) this is going to be a time of snacks/crafts/singing/fun that we will be hosting every Sunday for next while. Now this may sound like mostly a Sunday School thing to you but..... it is meant to be “SUNDAY SCHOOL FOR ALL” ... as in we hope **everyone** will wander over (to the East Sanctuary) to participate in as much of the fun as they want... as in people of all ages... as in **YOU!!!!!!** Thank you to Mary Vetter, Gail Fry & Pr. David for getting this started.

- **A New Face/Voice/Team Member** – with the resignation of Cheryl Conly (our faithful Admin Assistant of these past 8 years) council has decided to embark on a bold new adventure!?! Though the details are not fully worked out - and thus this is not 100% a “done-deal” – our plan is create a single Admin Assistant position for Eastside AND Bread Of Life - shared equally. Thus, we are working to bring (even more) on stream **Rebecca “Becca” Anderson** as the new Bread Of Life Office team member (she has/is

for now been serving as our interim admin help as we finalize the details). So, if you are in the office or calling in, say a special “Hello & welcome to Becca.” We look forward to working with her and her blessing us with her many talents.

- **Advent Worship with the Living Spirit Centre & City Lutherans** – Plans are in place to hold two Mid-Week Advent Services in December. **Thursday, December 1** at 7 pm you are welcome to join us at Trinity Lutheran Church where worship will be led by Pr. Diane Nokonechny & Pr. Sean Bell. On **Wednesday, December 14** at 7 pm worship will be held here at the Living Spirit Centre with Pr. Stewart, Russell Mitchell-Walker & Fr. Michael Bruce leading. These will be quiet meditational services offering us a chance to pause, focus, reflect & pray during what can be a rather hectic season. The Living Spirit Centre will also be offering a **Blue Christmas Service on Tuesday, December 20th** (7 pm).

- **UPDATE:** the “**What Next**” committee is still at work aiming to help us as Bread of Life to discern what we feel called to be and do in the years ahead. Right now, we are looking at the results of a survey we sent out to families who have had young people Baptised at BOL in the past 5 years. We are hoping to gather some of their feelings about what they feel they need from a church and/or what we can be for them. If you feel called or interested to join this committee or suggest an idea to us give me (Pr. Stewart) a call. Watch for more “What Next” endeavours & invitations in the weeks ahead.

- Finally, as you make plans **for the Christmas Season**, you may want to know that we are intending to hold our normal Christmas Eve/Day worship services. **Christmas Eve there will be worship at 3 pm, 5 pm, and 9 pm (9 will be with the Eastside folks). On Christmas Day we gather at 11 am. ALL ARE WELCOME!!!**

- Pastor Stewart ~ November 18, 2022

Join Bread of Life for Sunday Worship In-Person at 9:30 am.

We also welcome everyone to join us online via Facebook Live at 9:30. Services are recorded and will be available on our website afterwards.

[Facebook Page – Join us online!](#)

[Webpage – Recorded services are posted](#)

Are you curious about how you can support Bread of Life?

The methods you can use to give to Bread of Life include:

- Your offering during worship on Sunday mornings
- Cheques, or post-dated cheques (mailed or dropped off)
- Pre-Authorized Remittance ([Click here for more information](#))
- [By credit card or PayPal](#)
- eTransfer to breadoflife@sasktel.net (Please include your name and email in the notes for tax receipt purposes)

Bread of Life Announcements

We are looking for a few people who might like to get trained to help us out on Sunday mornings with getting the Worship out on Facebook/Internet.

1) Facebook Host - this is a relatively easy job of putting greetings/announcements/assisting note into the comments section of the Facebook feed during the worship time. Brent Langenberger has been super faithful in looking after this for us EVERY WEEK during pandemic but I think it is time we step up to help him and enable him to take the occasional Sunday off. Please connect with Brent or the pastor if you would be willing.

2) Camera/Streaming host - this is a slightly more “techy” kind of work but the Bread of Life services are relatively straightforward. This would involve being trained on how to use the camera and streaming equipment for Sunday’s and/or other services that take place at Bread

of Life. Let Pastor Stewart know if you would like to help out with this.

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**Indigenous Christian Fellowship Could Use Our Help!** Bread of Life will be assisting with community breakfasts served at ICF. When we help out with Indigenous Christian Fellowship’s community breakfast, we aim to have four or five volunteers.

ICF is at 3131 Dewdney Avenue.

There are currently providing breakfasts in brown bags; if weather allows, people sit at the picnic benches outside; if weather is inclement, people will pick up the breakfasts and return home.

We are one of several churches who help with these breakfasts. We aim to start at 8:30 a.m. and finish by 11:30 a.m. or noon. If you are able to help out please let me and know. I would very much appreciate it. David Bartolf 306-566-2971, [dbartolf@saskpower.com](mailto:dbartolf@saskpower.com)

We plan to help on the first Saturday of December (December 3).

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CARING FOR EACH OTHER IN TIMES OF SORROW

Did you know that, most times when Bread of Life hosts a funeral, we are also asked to help serve a lunch for the family and guests to share after the service? This is often a very healing time where people get to share their memories of the person who has died, get to reconnect with each other and (of course) care for one another.

These days the church (we used to say “church ladies”) don’t actually make or provide the lunches – that has gotten a bit too complicated. Instead the family themselves purchases or arranges what they want served and we provide the people power to serve and clean-up afterward.

In the past we have had a few of our folks “at the ready” to help out in this way. But for a whole variety of reasons some have had to step back a bit.

If you would be willing to help out with these lunches - most especially if you would like to take on the role of coordinating them - please talk to Pastor Stewart or call the office and share your name.

This is a very important ministry of our church and I thank you in advance for your willingness to share yourself in this way.

St. Paul's – Edenwold

Nov. 20 – Pastor David

Nov. 27 – Sean Bell



We have resumed coffee fellowship time after church each Sunday! Please join us. Offering/donations will be accepted by eTransfer to stpaulsedenwold@gmail.com

The Living Spirit Centre

Whist for Seniors at Living Spirit Centre on Tuesday mornings at 10:00.

If you are unfamiliar with the game, we will teach you. For more information phone/text Rod at 306-535-2877 or email rodashley@sasktel.net

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Did you know? The Living Spirit Centre is a busy place! In addition to the activities of the 3 faith communities that share space in the LSC, there are many other tenants that work and use our kitchens, meeting spaces, and common areas, such as Holy Yoga and the Arcola Wellness Centre. Over the past several years, we have been blessed to share space with Munch Café. <https://www.munchinregina.ca/> In 2023, Munch Café has the opportunity to occupy space in the Sask Abilities building, and will be moving out of the LSC. We will continue to work in partnership with them and wish them all the best in their new space.

At the LSC, we are interested in partnering with various groups to share the space and

create a vibrant community providing spiritual, wellness and social support for all. If you are aware of a group or organization that might be interested in either short term or longer-term rentals at the LSC, please let Becca know!



**Movie and Screening Time to be Selected  
Friday, November 25**



RSVP by texting "Film " to 306-517-6797 or by emailing [eastsideunited@sasktel.net](mailto:eastsideunited@sasktel.net)

## **Local and Community Announcements**

**What Are We Waiting For?** Advent meditation series is an ecumenical Advent initiative among the church leaders of The Anglican Church of Canada, The Evangelical Lutheran Church in Canada, The Presbyterian Church in Canada, and The United Church of Canada.





**Every Monday during Advent**, church leaders will release an **ecumenical Advent meditation and conversation** reflecting on that week's Advent theme. On each of the following **Thursdays at 7:00 p.m. EST**, you are invited to join in a live discussion on that week's Advent theme and ask questions with one of the leaders via Zoom. To read the full news release and download the bulletin inserts that can be shared with your congregation or ministry group, please [click here](#). If you would like to receive the meeting link for each of the weekly events during Advent, please sign-up when you [click here](#).

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Friends and Supporters of Indigenous Christian Fellowship, Greetings from North Central Regina! Unfortunately, for several reasons the ministry was not able to organize a gala this autumn. The lack of a gala has not reduced the ministry's need for support! Indeed, we have learned that the roof on the main building needs repair. While we plan to get additional quotes, the first quote to repair our 5,600 square foot roof is almost \$70,000.00. So, in lieu of a gala, we have launched an appeal to Saskatchewan resident(s) to donate a portion of their \$500.00 Saskatchewan Affordability Tax Credit to Indigenous Christian Fellowship. In recognition of your donation to the ministry you will receive a tax receipt and the ministry will get a new roof! Donations may be directed to the ministry in several ways:

By electronic transfers sent to:
support@icfregina.ca

Or cheques (payable to Indigenous Christian Fellowship) may be sent to:
Indigenous Christian Fellowship
3131 Dewdney Avenue, Regina, SK S4T 0Y5

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**Did you know?** Your feedback is a gift! If you have any comments, questions, or concerns regarding Bread Crumbs, contact [breadoflife@sasktel.net](mailto:breadoflife@sasktel.net). Bread Crumbs will be delivered to your inbox on Friday mornings!