

Bread Crumbs

June 1, 2023



BREAD OF LIFE
LUTHERAN CHURCH



3018 Doan Drive, Regina, Saskatchewan S4V 1M1
breadoflife@sasktel.net | 306-789-0265

Pr. Diane Nokonechny (Vice Pastor): 306-531-3997 revdnoko@gmail.com

Becca Anderson (Office): 306-789-0265 breadoflife@sasktel.net

Valerie Brown (Council Chair): 306-201-8220 vfkbrown@gmail.com

In celebration of our Reconciling in Christ anniversary and the start of PRIDE week, please join us after church on June 4 for coffee and cookies.

Beginning June 18, Summer Worship will be taking place at 10 am! This change is effective until the Labour Day weekend.

Please note: The Living Spirit Centre Office hours will be affected by staff/clergy vacation time and continuing education. Please see the end of this email for more details.

Join us for Worship this Sunday at 9:30 am:

Join Bread of Life for Sunday Worship In-Person

We also welcome everyone to join us online via Facebook Live at 9:30. Services are recorded and will be available on our website afterwards.

[Facebook Page – Join us online!](#)

[Webpage – Recorded services are posted](#)

Are you curious about how you can support Bread of Life?

The methods you can use to give to Bread of Life include:

- Your offering during worship on Sunday mornings
- Cheques, or post-dated cheques (mailed or dropped off)
- Pre-Authorized Remittance ([Click here for more information](#))
- [By credit card or PayPal](#)
- [etransfer to breadoflife@sasktel.net](mailto:etransfer@breadoflife@sasktel.net) (Please include your name and email in the notes for tax receipt purposes)

Spring Church Yard Work Bee Update

Our spring church yard work bee at the Living Spirit Centre (LSC) on Saturday May 27, 2023 was a huge success. About twenty-five folks from both congregations were able to volunteer their time to make the work go well. The weather cooperated, the rain held off and it wasn't too hot. We did a lot of brushing, shoveling, block lifting, tree trimming, grass cutting and coffee making. It was heavy work, but we really improved our church yard. Thank you for bringing your tools and your muscles. And an extra thank you to Terry Mann's neighbour Gord who brought his bobcat! It was fun to work together.

We are looking for a few people who might like to get trained to help us out on Sunday mornings with getting the Worship out on Facebook/Internet.

1) Facebook Host - this is a relatively easy job of putting greetings/announcements/assisting note into the comments section of the Facebook feed during the worship time. Brent Langenberger has been super faithful in looking after this for us EVERY WEEK during pandemic but I think it is time we step up to help him and enable him to take the occasional Sunday off. Please connect with Brent or the pastor if you would be willing.

2) Camera/Streaming host - this is a slightly more "techy" kind of work but the Bread of Life services are relatively straightforward. This would involve being trained on how to use the camera and streaming equipment for Sunday's and/or other services that take place at Bread of Life. Let Pastor Stewart know if you would like to help out with this.

Indigenous Christian Fellowship Could Use Our Help!

Bread of Life will be assisting with community breakfasts served at ICF. When we help out with Indigenous Christian Fellowship's community breakfast, we aim to have four or five volunteers. ICF is at 3131 Dewdney Avenue. There are currently providing breakfasts in brown bags; if weather allows, people sit at the picnic benches outside; if weather is inclement, people will pick up the breakfasts and return home. We are one of several churches who help with these breakfasts. We aim to start at 8:30 a.m. and finish by 11:30 a.m. or noon. If you are able to help out, please contact David Bartolf at 306-566-2971 or dbartolf@saskpower.com

Caring for Each Other in Times of Sorrow

Did you know that, most times when Bread of Life hosts a funeral, we are also asked to help serve a lunch for the family and guests to share after the service? This is often a very healing time where people get to share their memories of the person who has died, get to reconnect with each other and (of course) care for one another.

If you would be willing to help out with these lunches - most especially if you would like to take on the role of coordinating them - please talk to Pastor Stewart or call the office and share your name. This is a very important ministry of our church and I thank you in advance for your willingness to share yourself in this way.



St. Paul's – Edenwold



June 4 ~ Pr. David Kaiser
June 11 ~ Pr. Diane Nokonechny

We have resumed coffee fellowship time after church each Sunday! Please join us. Offering/donations will be accepted by eTransfer to stpaulsedenwold@gmail.com

Pastor Diane Nokonechny is our new Vice Pastor and her contact information. Please contact her with your pastoral needs: revdnoko@gmail.com or 306 531-3997.

Save the Date: June 18th, 2023

You are invited to: St. Paul's Lutheran Church 110th Anniversary 🏰 †
Outdoor worship service at 11:30 AM – please bring your lawn chair
Lunch provided after service
If planning to attend RSVP: tsnameth@hotmail.com

The Living Spirit Centre

Whist for Seniors

...At Living Spirit Centre is on Tuesday mornings at 10:00. If you are unfamiliar with the game, we will teach you. For more information phone/text Rod at 306-535-2877 or email rodashley@sasktel.net

Eastside – Film and Faith

BONES OF CROWS is told through the eyes of Cree Matriarch Aline Spears as she survives a childhood in Canada's residential school system to continue her family's generational fight in the face of systemic starvation, racism, and sexual abuse. She uses her uncanny ability to understand and translate codes into working for a special division of the Canadian Air Force as a Cree code talker in World War II. The story unfolds over 100 years with a cumulative force that propels us into the future. It may be hard to watch at times but has 'the light of hope while still showing how Canada's past still darkens the present' (Rotten Tomatoes).

Southland Cineplex at 6:40pm come around 6:15 Friday, June 2. Let us know if you will be attending by texting "FILM" to 306-517-6797!

Community

Christ Lutheran presents...
vBS 2023



Register online at clcregina.ca

Email Carrie at clcparishworker@sasktel.net for more info



Regina Native Outreach Ministry
(306)510-RNOM
reginanativeoutreachministry@gmail.com

We have a booth at CVAF Street Fair!
On Saturday, May 27 from 10 am to 5 pm we invite you to stop by RNOM's booth (#323 - North Side of street just east of Sobey's Liquor store on 13th).

Mother & Baby Welcome Bags

RNOM Board Members met at Heritage United on May 10 to assemble 21 bags with donations from Regina United Church members. RNOM received a generous donation of 12 completed Mother & Baby Welcome Bags from local sorority, Laureate Omega chapter of Beta Sigma Phi. Our total bag count for May 2023 is **33 bags!** Thank you to everyone who donated to this assembly of Mother & Baby Welcome Bags. We appreciate your support of this important project. Our next collection period is July 1 to 31.

Dates to Remember

Next Truth & Reconciliation Round Tables is tentatively scheduled for Tuesday, June 27 from 7 to 9pm.

RNOM's Traditional Feast has been rescheduled from June 3 to Saturday, Sept 9, 2023 from 1 to 3pm.

RNOM invites you to join us in the Community Commons at Regina Public Library, Central Branch.

Smudge - Mondays noon to 1pm

Time for Listening to Indigenous Voices

- Mondays from 1 to 2pm

Knitting Circle - Thursday, June 8 & 22 - 2 to 4pm

Sacred Teachings of Canada's Indigenous and Christian Traditions

- Sundays from 12:30 to 2:00pm

Office Hours Notes

June Office Hours & More

SUN	MON	TUE	WED	THU	FRI	SAT
		30	31	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

NOTES & LEGEND

- Green - The LSC office is open as usual from 9 am - 3 pm
- Yellow - The LSC office is open with limited hours, and Becca is away.
- Red - The LSC office is closed as Becca and others will be away for Continuing Education
- Purple - Worship will begin at 10 am instead of 9:30. This will be the case until the end of the Labour Day Weekend.

- **June 6-8: Becca (Office Admin) and Russell (Eastside) are away on a Continuing Education retreat in Fort Qu'Appelle.**
- **June 13: Becca is away for one day of vacation time, and is working in the evening after hours.**
- **June 20-22: Becca is away at the Lutheran Theological Seminary [2023 Conference](#), Decolonizing Our Churches, Reweaving our Lives in Saskatoon.**
- **If you have any questions, please feel free to email the office!**

Did you know? Your feedback is a gift! If you have any comments, questions, or concerns regarding office produced documents (such as the weekly newsletter, Sunday bulletin, etc.), please contact Office Admin Becca at breadoflife@sasktel.net. Bread Crumbs will now be delivered to your inbox on Thursday afternoons!