



**BREAD OF LIFE**  
LUTHERAN CHURCH



# Bread Crumbs

## December 16, 2022

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**Rev. Stewart Miller - Pastor**  
306-535-5052  
pastor.stewart@sasktel.net

### **Join us during Advent:**

**Join Bread of Life for Sunday Worship In-Person at 9:30 am.**

We also welcome everyone to join us online via Facebook Live at 9:30. Services are recorded and will be available on our website afterwards.

[Facebook Page – Join us online!](#)

[Webpage – Recorded services are posted](#)

Please join us for coffee and refreshments in the narthex following service.

### **Special Advent Musical Worship - Dec 18th 9:30**

For the fourth Sunday of Advent our worship will be a series of lessons and special musical contributions - choir, Pr. Stewart, etc...Come out and help your heart “Prepare him room”...& maybe grab a friend to join you.

### **Are you curious about how you can support Bread of Life?**

The methods you can use to give to Bread of Life include:

- Your offering during worship on Sunday mornings
- Cheques, or post-dated cheques (mailed or dropped off)
- Pre-Authorized Remittance ([Click here for more information](#))
- [By credit card or PayPal](#)
- eTransfer to [breadoflife@sasktel.net](mailto:breadoflife@sasktel.net) (Please include your name and email in the notes for tax receipt purposes)

## **Bread of Life Announcements**

### **REFUGEE MINISTRY UPDATE**

### **Mohammad and Walaa Sponsorship Concluded**

Last month marked the conclusion of our sponsorship of Mohammad and Walaa and their two young sons. Our last official act of support was to help the family move from the apartment we had rented for them this past year to more permanent housing with the Saskatchewan Housing Authority. Mohammad continues to work part-time while studying English. Walaa studies English, mostly online, while caring for their two little ones. This marks the second successful sponsorship of the Regina Lutheran Refugee Committee, an informal partnership of our local congregations. We thank Bread of Life members who supported this sponsorship with their prayers, financial gifts, and help on the settlement committee.

A dark blue graphic with a festive theme. On the left, there are images of lit candles, dried orange slices, and small gift boxes. On the right, there are small white Christmas tree icons. The text is in white and gold.

**LSC CHRISTMAS SERVICES**

Dec. 24 **Lutheran:** 3:00 & 5:00 pm  
**United:** 7:00 pm  
**Shared:** 9:00 pm

Dec. 25 **Lutheran:** 11 am

A dark blue graphic with a white border. The background features pine branches and warm lights. A white cross is centered above the text.

**ADVENT SERVICES**  
AT THE LIVING SPIRIT CENTRE



**Holden Evening Prayer**  
Wednesday, Dec. 14 ~ 7:00 pm

**Blue Christmas**  
Tuesday, Dec. 20 ~ 7:00 pm

**Sundays of Advent Worship**  
Bread of Life - 9:30 am  
Eastside - 11:15 am  
Anglican - 7:00 pm

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**We are looking for a few people who might like to get trained to help us out on Sunday mornings with getting the Worship out on Facebook/Internet.**

1) Facebook Host - this is a relatively easy job of putting greetings/announcements/assisting note into the comments section of the Facebook feed during the worship time. Brent Langenberger has been super faithful in looking after this for us EVERY WEEK during pandemic but I think it is time we step up to help him and enable him to take the occasional Sunday off. Please connect with Brent or the pastor if you would be willing.

2) Camera/Streaming host - this is a slightly more “techy” kind of work but the Bread of Life services are relatively straightforward. This would involve being trained on how to use the camera and streaming equipment for Sunday’s and/or other services that take place at Bread of Life. Let Pastor Stewart know if you would like to help out with this.

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**Indigenous Christian Fellowship Could Use Our Help!** Bread of Life will be assisting with community breakfasts served at ICF. When we help out with Indigenous Christian Fellowship’s community breakfast, we aim to have four or five volunteers.

ICF is at 3131 Dewdney Avenue.

There are currently providing breakfasts in brown bags; if weather allows, people sit at the picnic benches outside; if weather is inclement, people will pick up the breakfasts and return home.

We are one of several churches who help with these breakfasts. We aim to start at 8:30 a.m. and finish by 11:30 a.m. or noon. If you are able to help out please let me and know. I would very much appreciate it. David Bartolf 306-566-2971, [dbartolf@saskpower.com](mailto:dbartolf@saskpower.com)

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## **CARING FOR EACH OTHER IN TIMES OF SORROW**

Did you know that, most times when Bread of Life hosts a funeral, we are also asked to help serve a lunch for the family and guests to share after the service? This is often a very healing time where people get to share their memories of the person who has died, get to reconnect with each other and (of course) care for one another.

These days the church (we used to say “church ladies”) don’t actually make or provide the lunches – that has gotten a bit too complicated. Instead the family

themselves purchases or arranges what they want served and we provide the people power to serve and clean-up afterward.

In the past we have had a few of our folks “at the ready” to help out in this way. But for a whole variety of reasons some have had to step back a bit.

**If you would be willing to help out with these lunches - most especially if you would like to take on the role of coordinating them - please talk to Pastor Stewart or call the office and share your name.** This is a very important ministry of our church and I thank you in advance for your willingness to share yourself in this way.

## St. Paul's – Edenwold



**Dec 18 ~ David Kaiser**  
**Dec. 24 ~ Christmas Eve with**  
**Pastor David Kaiser & Puppet Show Friends!**  
**Dec 25 ~ Christmas Service**  
**Jan 1 ~ Lay Service**

We have resumed coffee fellowship time after church each Sunday! Please join us. Offering/donations will be accepted by eTransfer to [stpaulsedenwold@gmail.com](mailto:stpaulsedenwold@gmail.com)

## The Living Spirit Centre

**Whist for Seniors** at Living Spirit Centre is on Tuesday mornings at 10:00.

If you are unfamiliar with the game, we will teach you. For more information phone/text Rod at 306-535-2877 or email [rodashley@sasktel.net](mailto:rodashley@sasktel.net)

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Did you know? The Living Spirit Centre is a busy place! In addition to the activities of the 3 faith communities that share space in the LSC, there are many other tenants that work and use our kitchens, meeting spaces, and common areas, such as Holy Yoga and the Arcola

Wellness Centre. Over the past several years, we have been blessed to share space with Munch Café. <https://www.munchinregina.ca/> In 2023, Munch Café has the opportunity to occupy space in the Sask Abilities building, and will be moving out of



the LSC. We will continue to work in partnership with them and wish them all the best in their new space.

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Connie Moker Wernikowski will again be offering Christ-centred yoga classes in the winter of 2023. Classes run from January to early April. A Tuesday 6:30 pm in-person class will be offered at Living Spirit Centre. A Tuesday morning class and Wednesday noon class will be offered on Zoom. All classes require pre-registration for the session. More info can be found at <https://www.bigfishyoga.ca/> or email Connie at [cmwernikowski@gmail.com](mailto:cmwernikowski@gmail.com) or phone 306-551-6933.

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At the LSC, we are interested in partnering with various groups to share the space and create a vibrant community providing spiritual, wellness and social support for all. If you are aware of a group or organization that might be interested in either short term or longer-term rentals at the LSC, please let Becca know!

## Local and Community Announcements

***What Are We Waiting For?*** Advent meditation series is an ecumenical Advent initiative among the church leaders of The Anglican Church of Canada, The Evangelical Lutheran Church in Canada, The Presbyterian Church in Canada, and The United Church of Canada.



**Every Monday during Advent**, church leaders will release an **ecumenical Advent meditation and conversation** reflecting on that week's Advent theme. On each of the following **Thursdays at 7:00 p.m. EST**, you are invited to join in a live discussion on that week's Advent theme and ask questions with one of the leaders via Zoom. To read the full news release and download the bulletin inserts that can be shared with your congregation or ministry group, please [click here](#). If you would like to receive the meeting link for each of the weekly events during Advent, please sign-up when you [click here](#).

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**Did you know?** Your feedback is a gift! If you have any comments, questions, or concerns regarding Bread Crumbs, contact [breadoflife@sasktel.net](mailto:breadoflife@sasktel.net). Bread Crumbs will be delivered to your inbox on Friday mornings!